

Orientação de Estudo

- Participar das aulas é muito importante. O estudo em casa é uma revisão do que foi visto.
- Crie um ambiente de estudo tranquilo, evitando situações que possam distrair sua atenção.
- Para as provas semanais e trimestrais, divida o conteúdo por dia da semana. Por exemplo, se você tem 4 temas de conteúdos, estude um tema a cada dia. Sempre revise o conteúdo estudado antes de iniciar um tema novo.
- Leia cada página e escreva uma lista de palavras desconhecidas com a tradução ao lado (vocabulário). Faça seu próprio glossário. Com o tempo essa lista será cada vez menos.
- Não desanime com a quantidade de vocabulário, tenha em mente que essas palavras serão absorvidas por você e com certeza aparecerão muitas vezes ao longo de sua jornada de estudo.
- Estude a lista de verbos irregulares sempre que possível. Os verbos são sempre cobrados em provas e fundamentais para o entendimento do texto. Possível site para estudo: <http://www.sk.com.br/sk-irrv.html>
- Faça todos as TCs e TMs de sua apostila.
- Leia assuntos atuais mesmo que em português, muitos textos de inglês são de atualidade e saber sobre o assunto ajuda muito. Leia textos em inglês também e enriqueça seu vocabulário. Sites para leitura de textos atuais:
<http://www.breakingnewsenglish.com/>
<http://www.newsinlevels.com/>
<http://www.bbc.com/news/>
<http://edition.cnn.com/>

1º Trimestre

Other x Another x Others

Reflexive and Emphatic pronouns

Plural of nouns

Simple Past x Present Perfect

Vocabulary

Exercises 1º trimestre

Read the following text and answer the following questions in Portuguese.

White hair may be a thing of the past

Worried about getting old? Don't want to get wrinkles? Wondering how to stop going grey, or white, or silver? Well help may be at hand with the last one of these fears. Scientists have discovered the drug the body uses to give our hair its natural colour. They hope they can recreate this drug and use it to prevent people's hair from turning white. The goal is to make a shampoo that contains the drug so that our hair will stay its natural colour throughout our life. This would save us a fortune in hair dyes and treatments, and keep us all looking ten years younger. Unfortunately, the drug only seems to be for hair colour loss and not hair loss. People going bald will have to wait a little longer for the drug that stops their hair falling out. The researchers are from the University of Lubeck, Germany, and the University of Manchester, England. The team were researching the causes of hair turning white because of illness or stress. They recreated a molecule that occurs naturally in the body that provides colour to our hair. The scientists conducted tests on the hair of six women aged between 46 and 65. They were able to reverse the process that caused the hair to lose its colour. Lead researcher Dr Ralf Paus said the technique he used could be used as an "anti-greying agent" in the future. However, he warned it was still too early in the testing process to give more details. He was not able to say whether he thought his discovery would make white hair a thing of the past.

1-) O que foi descoberto por cientistas?

2-) O medicamento funciona também para calvície? Justifique sua resposta.

3-) **TRUE / FALSE:** Look at the article's headline and guess whether these sentences are true (T) or false (F):

- | | |
|--|-------|
| a. Scientists have discovered white hair from 20 million years ago. | T / F |
| b. The hair on our hands may stop the hair on our head going gray. | T / F |
| c. Scientists want to make shampoo that stops our hair changing colour. | T / F |
| d. People might have more money if their hair did not turn white. | T / F |
| e. Scientists were looking at how stress changed the colour of our hair. | T / F |
| f. Scientists conducted tests on between 46 and 65 different hairs. | T / F |
| g. The head scientist said his technique is available for use now. | T / F |
| h. The scientist guaranteed that white hair would not exist in the future. | T / F |

4-) Write the plural of the following words.

- | | |
|---------------|-----------|
| a-) Crisis | g-) pen |
| b-) house | h-) mouse |
| c-) datum | i-) man |
| d-) criterion | j-) ox |
| e-) alumnus | k-) watch |
| f-) study | l-) day |

5-) Decide whether to use the simple past or the present perfect tense.

- a) Peter _____ football yesterday. (to play)
- b) They _____ the car. It looks new again. (to clean)
- c) Last year we _____ to Italy. (to go)
- d) John and Peggy _____ the book. (to read)
- e) I _____ my friend two days ago. (to meet)
- f) We _____ this film 3 times. (to see)
- g) She _____ a new car in 2005. (to buy)
- h) _____ she _____ last year? (to visit)
- i) _____ you _____ the game of chess? (to win)
- j) The girls _____ their lunch yet (to eat – negative)

6-) Fill in the gaps using other – the other – another – others – the others

- a. Yes, I know Brigit, but who is _____ woman next to her?
- b. She's seeing _____ man.' Does her boyfriend know?'
- c. Some people prefer watching TV. _____ prefer surfing on the internet.
- d. You've already had six whiskies. Only six? Give me _____
- e. No _____ man would do that for you.

7-) Fill in the gaps using JUST - SINCE – EVER – NEVER – YET – ALREADY – FOR (don't repeat words)

- a-) Do not forget to phone John... 'I have _____ phoned him'.
- b-) Have you _____ been to Japan?
- c-) Would you like a sandwich? 'No, thanks. I have _____ had lunch.'
- d-) Has it stopped snowing? 'No, it hasn't stopped snowing _____'.
- e-) Poor lady... She has _____ had a boyfriend in her life!
- f-) They have been working here _____ 20 years.
- g-) She has waited for him _____ yesterday.

2° Trimestre

Articles

Relative pronouns

Prepositions

Vocabulary

EXERCISES 2° TRIMESTRE - Read the following text and do the text exercises.

Menu shows exercise needed to lose weight

New research reveals that restaurant menus showing how much exercise is needed to burn off calories could be good for losing weight. Researchers from the Texas Christian University say that telling customers how many minutes they must walk to burn off the calories from a hamburger is much better information than showing how many calories the hamburger has. They say people do not really understand calories but do understand they have to walk for 30 minutes. Senior researcher Dr. Meena Shah said the menu could help people make healthier choices. She said: "We need a more effective strategy to encourage people to order and consume fewer calories from restaurant menus." The researchers looked at the restaurant orders made by 300 different people. Some used a menu without calorie information; some had a menu with calorie information; and the rest were given a menu with a guide to how many minutes of fast walking would burn off the calories in the food. Example information on the last menu suggested a woman would need to walk for two hours to burn off the calories in a double cheeseburger. The people who had the menus with the exercise information ordered food with the fewest calories. Researcher Ashlei James said: "Brisk walking is something nearly everyone can relate to, which is why we displayed...the minutes of brisk walking needed to burn food calories."

1-) **TRUE / FALSE:** Read the headline. Guess if a-h below are true (T) or false (F).

- | | | |
|----|--|-------|
| a. | A new computer menu downloads eating and exercise information. | T / F |
| b. | A researcher says information about walking off calories is very useful. | T / F |
| c. | The researcher said we do not really understand calories. | T / F |
| d. | The researcher said we have enough ways to order low-calorie food. | T / F |
| e. | The research looked at the ordering habits of 3,000 people. | T / F |
| f. | Different people were given one of three different menus. | T / F |
| g. | A woman must walk for 2 hours to burn off a hamburger's calories. | T / F |
| h. | A researcher said we all understand what it means to walk fast. | T / F |

2-) Answer the following questions in Portuguese.

1. What did new research tell us?
2. Where is the research team from?
3. What do the researchers say we don't really understand?
4. How did Dr Shah say the menus could help us?
5. What did Dr Shah say we needed?
6. How many people took part in the research?
7. How many different menus did the researchers use?
8. How could a woman burn off a double cheeseburger?
9. Who ordered food with the fewest calories?
10. What did a researcher say almost everyone could understand?

3-) Fill in the gap using IN, ON or AT.

- a-) Let's meet _____ six o'clock.
- b-) He was born _____ July.
- c-) She'll be at work _____ Friday.
- d-) We met _____ Christmas day.
- e-) They drove _____ Rochester Avenue.
- f-) We lives _____ 235 Main Avenue.
- g-) _____ weekends I enjoy going to the movies.
- h-) _____ night I work at home.
- i-) She was born _____ July 23rd.
- j-) I went there _____ 1978.

4-) Use the following prepositions to fill in the gaps.

Between – among – toward – through – across

- a-) The hurricane was moving _____ the city.
- b-) We can walk to the mall. I live _____ from it.
- c-) I couldn't find Paul _____ the students.
- d-) She drove her _____ a long tunnel to get to the beach.
- e-) I won't interfere. This is _____ Claire and Clarice.

5. Fill in the gaps using who, whom or which. ATTENTION: Use THAT when it is **the only** option.

- a-) This is the shop in _____ I bought my bike.
- b-) A seaman is someone _____ works on a ship.
- c-) The boy _____ we met yesterday is very nice.
- d-) You should trust everything _____ she says.
- e-) Paul, _____ is Sue`s husband, is travelling to Europe next week.
- f-) The man from _____ you lent the car is here to talk to you.
- g-) This is the second time _____ I have done this exercise.
- h-) The flight on _____ we are supposed to fly tomorrow was cancelled.
- i-) That was the worst film _____ I have ever seen.
- j-) The car, _____ was stolen last week, belonged to my neighbor.

6-) Fill in the gaps using **THE, A, An** or **Ø**.

I am from Seattle, Washington. Seattle is ¹ _____ city in ² _____ United States. It is near ³ _____ border of ⁴ _____ Canada in ⁵ _____ northwest corner of the USA. I live in ⁶ _____ town called ⁷ _____ Olympia . I live in ⁸ _____ house on ⁹ _____ street in the countryside. ¹⁰ _____ street is called "Bear Street".

7-) Use **A, An** or **Ø** to fill in the gaps.

- a-) There is _____ new English book on the desk.
- b-) She's reading _____ old comic.
- c-) They've got _____ idea.
- d-) He is drinking _____ coffee.
- e-) The girl is _____ university pupil.
- f-) We need _____ information about it.
- g-) Those are _____ expensive bikes.
- h-) Look! There's _____ one-dollar coin on the floor.
- i-) My father is _____ honest person.
- j-) It's _____ honor to be here.

Bons Estudos.